



**DON'T RISK  
ADDICTION.  
CHOOSE  
CHIROPRACTIC  
CARE FIRST.**

In 2017, nearly 2200 people in California died from an opioid overdose.

There were over 20 million prescriptions dispensed to California residents in 2017, and over 4,000 visits to California emergency departments for an opioid-related overdose.

California's Opioid Death Toll: 5.3 deaths per 100,000 residents.

**NON-PHARMACOLOGIC APPROACHES ARE NEEDED.**

As Primary Care Providers, doctors of chiropractic offer a non-drug solution to pain. Chiropractic care is safe, and both clinically and cost-effective. It correlates with the positive societal impact and high patient satisfaction rates.

A recent study published in *The Journal of Alternative and Complementary Medicine* concluded adults receiving chiropractic care for low back pain were 55% less likely to fill a prescription for an opioid analgesic in comparison to adults who did not receive chiropractic care.

The California Chiropractic Association urges legislators, insurers and employers to lead the mission to put a doctor of chiropractic on all Californian's healthcare teams as the first line of defense.

Doctors of chiropractic – who receive a minimum of seven years higher education – are specifically trained in physical examination, diagnosis and hands-on treatment. They provide non-pharmaceutical care and rehabilitation to individuals suffering from acute and chronic neck and low back pain, headaches, musculoskeletal conditions and other related neurological syndromes.

To find a doctor of chiropractic near you, visit: [www.f4cp.org/findadoctor](http://www.f4cp.org/findadoctor)

**LEARN MORE AT [CALCHIRO.ORG](http://CALCHIRO.ORG)**