



CALIFORNIA CHIROPRACTIC ASSOCIATION

CCA Snapshot Survey: What Chiropractic Patients Are Saying

“I was placed on temporary disability before I saw the chiropractor. After two visits, I was able to return to work.”

Mary Dowling, Age 58, Nurse

“Dr. Smith [my chiropractor] has helped me more than any other doctor I have seen since I have been injured.”

Shelby Olson, Age 38, Meat Wrapper/Clerk

“My medical doctor recommended surgery, but I opted [for] chiropractic care and was treated – eliminating surgery.” (Patient never lost time from work.)

Randy Ohm, Age 47, Mechanic

“Thanks to the chiropractic work I didn’t need [surgery], and I was able to work and get treatment at the same time.”

John Sanchez, Truck Lift Operator

“I have been able to stay at work and not miss work because of chiropractic treatment.”

Nancy Irby, Age 54, Teacher

“I had bad disc damage and chiropractic treatment helped me avoid injection and surgery. Please allow doctors to determine the amount of treatment required so that surgery can be avoided.”

Rosa Barriga, Age 30, Restoration Technician

“Without chiropractic care I wouldn’t have been able to return to work without extreme pain and headaches.”

Michael Lundruist, Age 56, Retired CHP Officer

“After being misdiagnosed thru my employer’s company doctor, my chiropractor worked with me to find the right type of physician to treat my work related injury. My chiropractor was the first doctor to diagnose my true injury and help me get the right type of treatments for my injury.”

Gregory C. DeLong, Age 47, Delivery Truck Driver

“I waited 11 months to have chiropractic care because I wasn’t getting anywhere with therapy from my doctor when the injury first [occurred]. I have been seeing Dr. McMillan and his crew for a little over 2 months now and I feel 80% better than I did.”

Sammie Brown, Age 45, Child Care Worker

“Since starting chiropractic care, I have been able to eliminate/minimize the amount of medications for ongoing pain experienced, able to sleep and live free of pain that has endured for many years prior to seeking this treatment.”

Wendy R. Hogle, Age 35, Environmental Scientist

“They need to see how chiro care is more effective than [seeing] an ortho who does nothing for you unless you’re a surgery candidate. Chiro care relieves your pain.”

Alvia Herrera, Age 39, Intake Coordinator

“...[B]ecause of chiropractic care and my chiropractor’s persistence to find the source of my pain, I am now on the road to recovery. I had sought medical care previous to chiropractic care from medical doctors, surgeons, acupuncturists, and physical therapy. The health care providers, by believing that MRIs give a total and accurate presentation of back problems, prolonged my recovery time by dismissing my pain symptoms. My chiropractor’s knowledge of a diagnostic procedure to pin-point my pain has shed new light on my injury and the next step to decreased pain.”

Carolyn Demitria, Age 53, Mental Health Aide

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